

Safeliz News



Safeliz is an international company that promotes total health and provides education for the family. Since 1903, our books and magazines seek to help people prevent disease by educating them in the principles of good health.



New Editions and Covers

Together in Love

A new edition under a new title of the book *To couples* by Dr. Julián Melgosa and Anette D. Melgosa, where you may find practical ideas to improve a relationship in the different stages of a couple's life.

See video



Minister's Bible

A new edition of the *Minister's Bible* with brown and blue covers.

See video



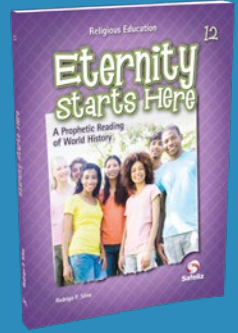
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“There are many places in which the voice of the minister cannot be heard, places which can be reached only by our publications.”
Colporteur Ministry, p. 4

New Books

Textbooks for Kenya

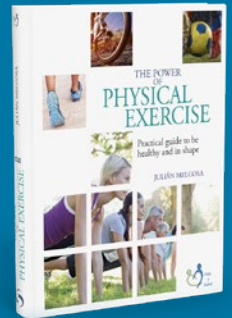
A new series of textbooks from kindergarten to 12th grade, both for students and teachers, especially adapted to the needs of schools in Kenya. These books may also comply with the curriculum requirements of other countries.



The Power of Physical Exercise

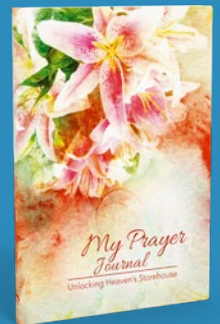
Written by doctor Julián Melgosa, this is the latest book of the *Life and Health* series. It presents the benefits of physical exercise for the body, mind, and spirit. It introduces the appropriate sports and exercises for the different stages of life. One special chapter features step by step exercises for health-related problems and for optimal physical and mental health. It is a 310 pages hardcover book with illustrations and detailed charts, available in English, Spanish, and French.

See video 



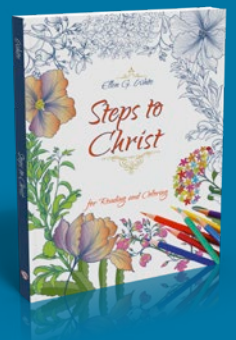
My Prayer Journal

Produced in cooperation with the Women's Ministries Department of the General Conference, this journal is a tool for women to develop their relationship with God. It features selected texts by Ellen White on prayer and blank pages where women can write their prayers and spiritual journey. The blank pages follow the four steps of the GC United Prayer Initiative: Adoration, Confession, Supplication, and Thanksgiving. It is a powerful tool for the spiritual growth of SDA women and, at the same time, an excellent gift option. It is a 144 pages book in hardcover, available in English, Spanish, and French.



Steps to Christ for Reading and Colouring

This classic book written by Ellen G. White contains beautiful illustrations for colouring, a practice that helps to reduce stress and anxiety. It has been released as part of the celebration of the 125 years of this work and has 128 pages (including the full text and illustrations for coloring). It is available in English, French, and Spanish.



Additional information about these materials can be found at www.safeliz.com, www.safelizbibles.com and www.publicacionesadventistas.com.

